

# kids dance outside school

## overview

Before school, after school or during the school holidays - it's always time to dance.

Busy Beats outside school dance programs merge skill development, choreography, rehearsal, performance and reflection to create modern, energising dance classes.

With every class delivered by a fully qualified, registered and experienced Queensland teacher, we will have your students on their feet and being creative in no time.

## benefits

- Develop fundamental movement skills
- Increase self confidence & discipline
- Improve spacial awareness
- Develop timing & coordination
- Practise performance skills

## inclusions

- Qualified, registered & experienced teacher
- · Challenging choreography
- Engaging games
- Vibrant, age appropriate music
- Fully mobile service all equipment provided

# styles

- Hip hop
- Jazz
- Tap
- Contemporary
- Musical Theatre

## class structure

Each Busy Beats dance class follows a similar structure, which is used by dance professionals worldwide to encourage student engagement and development. Classes are designed specifically for students' age and skill level.

- Warm Up
  - Dynamic stretches & movements to prepare physically & mentally for class
- Practical Component
  - Movement skills development
  - Rehearsal of choreography
  - Related activities & games
- Theory Component
  - Discussions relevant to dance style
- Cool down
  - Low intensity stretches & breathing to begin recovery process

Busy Beats is a fully mobile experience – we bring everything to you. All we require is an open space, either indoors or outdoors, that is large enough for your students to move freely.



# unique design

Primary Schools, Secondary Schools, OSHC Facilities or Vacation Care Providers – we work collaboratively with your community to create a program that is perfect for your needs. Your program may include:

#### Weekly classes

Practise equals progress and weekly dance classes offer students the chance to consistently develop their dance skills. We arrange class days, times and durations to fit perfectly into the "busyness" of outside school life.

#### **Performances**

Performing provides the perfect opportunity for students to display their achievement, development and appreciation for dance to the community. Busy Beats can incorporate performance into your outside school dance program. Performances may include fetes, concerts, awards nights and ceremonies.

#### Specialised workshops

From dance history or theory, to technique or performance - we can design a specialised workshop for any age group and skill level. We give students the opportunity to delve deeply into the world of dance with non stop fun!

## Multi-age classes

Students learn will in mixed company - and dance is the perfect medium to help students interact socially with different age groups. To ensure maximum skill development we offer multi-age classes for Prep - 2, Year 3 - 6, Year 7 - 9 and Year 10 - 12.

# pricing

Prices are dependent on a number of factors including class type, duration, frequency, number of students and the addition of performance.

Prices start from \$3.00 per student, per class, for a class of approximately 30 students. Prices are GST inclusive.

Other class sizes catered for Please enquire for pricing.